



SPRINT WITH THE BEST 2011

Biloxi, MS
April 2, 2011



- SANCTION:** Held under the sanction of United States Swimming and Mississippi Swimming, Inc. **Sanction #MSI 1107**
- SPONSORS:** Biloxi Elite Swim Team and City of Biloxi Parks & Recreation Department
- LOCATION:** Biloxi Natatorium, 1384 Father Ryan Avenue, Biloxi, MS 39530.
- FACILITY:** Indoor 50 meter by 25-yard pool with an 8-lane, 50 meter competition course with non-turbulent lane lines for long course competition. The pool depth measures 4 feet 0 inches (1.2 meters) from starting end to 12 feet 0 inches (3.7 meters) at the opposite wall. **The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.** Automatic timing will be provided by Colorado Timing System with HYTEK interface and full color display scoreboard. Manual back up will be used. **Continuous warm-up/warm-down will be available in the “wash area”, the area between the wall and the outside lane’s ropes.**
- Heat sheets, deck space, patio area, first aid and hospitality will be available. Parking is available at the pool and school next door. **Please do not block driveways or park on the grass.**
- We ask that swimmers, parents, and coaches be thoughtful when using the pool and surrounding areas. **There will be no tobacco products or alcohol allowed on the facility grounds.**
- RULES:** Current USA Swimming rules/regulations will govern the conduct of the meet unless otherwise noted herein.
- USA Swimming Amendment to its rule on swimwear design for 12 & under age groups. (Effective May 15, 2009)
- 102.9 Swimwear
- .1 Design
- A. **Swimsuits worn for all 12 & under age group defined competition shall not cover the neck; extend past the shoulder, nor past the knee.**

Additionally, in accordance with the amendment to the USA Swimming rule 102.9

1. Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck or extend past the shoulders or below the knee.

2. No zippers or other fastening devices are allowed except for a waist tie on a brief or jammer; and

3. Suits must be of textile material and must not be made of any rubberized type of material such as polyurethane or neoprene.

ELIGIBILITY: All participants must be USA Swimming registered athletes. Entries will not be accepted without current registration numbers. A swimmer's age on the first day of the meet will determine his or her age for the entire meet.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

COACHES: Coaches must be current USAS Coach Members in order to perform deck duties. If a coach is not currently certified, he/she may observe the meet as any other observer, but may not coach or sit in the coaches' area. There will be a brief Coaches' meeting 15 minutes before competition.

SEEDING: Seeding will be done according to Article 102.5 of USAS Rules and Regulations. All times must be entered in **LONG COURSE METERS for the meet.**

MEET FORMAT: This is a timed finals meet and will be scored as they are swum.

ENTRIES: A Swimmer may swim **four (4) individual** events plus **one (1) relay** per day.

All entries must be received no later than **11:59 p.m. on Monday, March 29, 2011.** These must include carefully and completely filled out entry forms, recap sheets, and entry fees. **HY-TEK software is used, please send entries via email. And fax and/or mail the 2011 Sprint with the BEST Team Entry Summary Report Sheet at the end of the invitation.**

YOUR TEAM'S ENTRY SUMMARY REPORT/RELEASE MUST BE RECEIVED IN ORDER TO PROCESS ENTRIES. If you are sending entries via USPS, FEDEX, or UPS, please **WAIVE SIGNATURE.**

LATE ENTRIES WILL BE ACCEPTED PRIOR TO THE START OF EACH SESSION ONLY BY A PREVIOUSLY REGISTERED SWIMMER IF LANE SPACE IS AVAILABLE AND WILL BE DOUBLE-CHARGED FOR THE EVENT, FEES MUST ACCOMPANY ENTRY. NO NEW HEATS WILL BE CREATED FOR LATE ENTRIES.

The entry on the recap sheet, or hardcopy, must show the name, age, and current USAS number of all entered swimmers, including those participating only in relays. A separate recap is used for swimmers who will only swim relays. Email entries must include the commlink file (.CL2).

Please note: A person entering an unregistered swimmer will be subject to a fine up to \$100 per event. This will be enforced by MSI through their Review Section.

Mail entries to: Jamie Lee
1384 Father Ryan Avenue
Biloxi, MS 39530
(228)435-6108 / (228)435-6299 FAX
jlee283@cableone.net

ENTRY FEE: \$3.00 per individual event
 \$8.00 per relay event
 \$5.00 surcharge per swimmer (including relay-only swimmers)

Make checks payable to: **Biloxi Elite Swim Team**

ENTRY LIMIT: Entries will be limited to the first 300 swimmers. Additional entries may be accepted by discretion of the meet director.

SCHEDULE: **Saturday morning warm-ups..... 9:00 a.m.**
 Competition.....10:00 a.m.

WARM-UPS Warm-ups will follow current MSI guidelines. There will be one fifty (50) minute warm-up period with assigned warm-up areas. One-way diving only. Please be courteous in allowing other swimmers to use your areas' starting blocks.

- SCORING:** Individual – 9, 7, 6, 5, 4, 3, 2, 1
Relays – 18, 14, 12, 10, 8, 6, 4, 2
- AWARDS:** Ribbons: Places 1 – 8
Team Awards: 1st – 3rd
- SCRATCHES:** No swimmer may enter another event make-up for a missed event.
- REPORTING:** Swimmers will report directly to the starting blocks.
There will be **NO Clerk of Course**.
- LANE ASSIGNMENTS:** Lane assignments will be included in the Coaches' Packets as well as posted at both ends of the racing course and the heat sheet. Teams will also be responsible for providing timers for lanes (if needed).
- OFFICIALS:** Please return the enclosed sheet for willing workers as soon as possible so that a schedule can be made. Officials' meetings will be at the discretion of the meet referee.
- MEET DIRECTOR:** Jamie Lee
1384 Father Ryan Avenue
Biloxi, MS 39530
228-435-6205
jlee283@cableone.net
- MEET REFEREE:** TBA
- MEET MARSHALL:** Debie Danilson
1384 Father Ryan Avenue
Biloxi, MS 39530
228-435-6205
- 4-HOUR RULE:** If an age group for 12 & under swimmer is swum after the session has been running four (4) hours, each involved swimmer has the option of either swimming the event or receiving a refund for the event. A swimmer desiring a refund must declare his/her intent to the Meet Director. There will be no refunds for swimmers not in attendance.
- ADDITIONAL:** All relay entries will be entered on the back of the entry card by their **full name, last and first**. Any swimmer that is "relay only" must be included on the official recap/hardcopy and pay the swimmer surcharge.

2010 SPRINT WITH THE BEST

ORDER OF EVENTS

Session 1

Saturday Morning, April 2, 2011

Warm-up 9:00 AM

Competition 10:00 AM

<u>Girls Event#</u>	<u>Event</u>	<u>Boys Event #</u>
1	10&Under 200 Freestyle Relay	2
3	11&Over 200 Freestyle Relay	4
5	10&Under 50 Freestyle	6
7	11-12 50 Freestyle	8
9	13-14 50 Freestyle	10
11	15&Over 50 Freestyle	12
13	10&Under 50 Backstroke	14
15	11-12 50 Backstroke	16
17	13-14 100 Backstroke	18
19	Open 100 Backstroke	20
21	10&Under 50 Breaststroke	22
23	11-12 50 Breaststroke	24
25	13-14 100 Breaststroke	26
27	Open 100 Breaststroke	28
29	10&Under 50 Butterfly	30
31	11-12 50 Butterfly	32
33	13-14 100 Butterfly	34
35	Open 100 Butterfly	36
37	10&Under 100 Freestyle	38
39	11-12 100 Freestyle	40
41	13-14 100 Freestyle	42
43	15&Over 100 Freestyle	44

2011 Sprint with the BEST Team Entry Summary Report Sheet

Club Name: _____ Club Code: _____

Total number of swimmers _____ x\$5.00= _____

Total number of individual entries _____ x\$3.00= _____

Total number of relay entries _____ x\$8.00= _____

Total Entry Fees \$ _____

Send Official Results to:

Name _____

Address _____

Phone: _____ (cell) _____ (work) _____

Coaches attending the meet and/or Officials attending the meet

Release

On behalf of each of the listed competitors, I understand and agree that USA Swimming, Inc., MSI Inc., Biloxi Elite Swim Team, City of Biloxi, and meet officials shall be free of all liabilities or claims for loss of valuables or damages arising by any reason of injuries to anyone during travel to or from this meet or during the conduct of this meet or during any social gathering associated with this meet and expressly agree to waive as condition of being allowed to enter this meet.

Signed _____ Date _____

(team coach/team representative)

INFORMATION FORM FOR DISABLED SWIMMERS

NAME _____

ADDRESS _____

AGE _____ BIRTHDATE ____/____/____.

EVENTS TO BE
SWUM ____/____/____/____/____/____/____

TYPE OF DISABILITY
Blind _____ Mentally _____
Retarded _____ Deaf _____ Physical _____

EXTENT OF DISABILITY: Be specific, e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

THE FOLLOWING PERSON(S) WILL ACCOMPANY THE SWIMMER FOR ANY NEEDED ASSISTANCE:

TYPE OF MEDICATION _____

PURPOSE OF MEDICATION _____

PARENT'S OR GUARDIAN'S NAME _____

PARENT'S OR GUARDIAN'S SIGNATURE _____

ATHLETES'S SIGNATURE _____

PHYSICIAN'S NAME (please print) _____

PHYSICIAN'S ADDRESS _____

PHYSICIAN'S PHONE NUMBER _____

I have examined the above Entrant and, in my opinion, there is no mental or physical reason why he or she should not participate in USA Swimming competition.

Physician's signature

Date